



# 2017-2018 Recreation Rules/Restrictions

**Programs must choose one style (Performance or Traditional) and all teams within the program must compete in these divisions.**

Advanced SPIRIT events recognize that Recreational Cheerleading does not have an official governing body to refer to, and that Rec Cheer Teams may have different guidelines to follow within their individual organizations. Please adhere to the guidelines set forth by your organization, and select the division that best fits both the age and abilities of the athletes on the team so that your team will be given the best opportunity for success at Advanced SPIRIT events.

All teams competing in these divisions must meet these criteria in order to compete in these divisions:

- I. Must be affiliated with, report to, and be governed by an organization such as the following:
  - YMCA
  - Boys & Girls Club
  - City/County Parks and Rec Program
  - Community Youth Organization
  - Pop Warner Association
  - Any other community run program not associated with a school or all-star program
- II. A team must be able to prove their relationship and affiliation with their said organization if requested. Their organization's president or higher seated authority must submit a formal letter stating their affiliation.
- III. 50% of the team must have cheered for a sport (i.e. football, basketball) with that association or organization within the current cheer season. Proof must be provided in a timely fashion upon request. If the organization the team is representing or associated with does not offer cheering for a sport, this rule may be waived only if the president or higher seated official writes a letter to the event producer informing them that this option is not available. This is the only reason a team should not be allowed to cheer for a sport. This also does not guarantee that you will be allowed to compete in a rec division.
- IV. A team may not have more than 25% all star athletes on its teams. Proof must be provided upon request.
- V. Participants may not represent more than one recreational program in a season. Proof must be provided upon request.
- VI. A Recreational/Organizational Cheerleading team may do or have the following:
  - Can hold tryouts
  - Can have their own practice facility or gym
  - Can practice and/or attend tumbling classes at gymnastics or all star facilities
  - Can combine team members from other teams within the organization
- VII. If a team does not meet all of the above criteria they may be disqualified.
- VIII. Rec Cheer Teams who do not cheer for a sport, or are affiliated with all-star programs or schools, even if it is a half-year or introductory team, will need to register in the all-star, prep or school division that best suits their ability level at Advanced SPIRIT events.